



Caulfield South Community House

COOKING – 'DINING IN' AT THE COMMUNITY HOUSE

Come along to learn cooking skills, increase your knowledge of menu choices, healthy eating recipes to take home and tips for shopping for healthy ingredients.

Cook up a storm with a fun group of Community House members, sit down for lunch or dinner together.

Fun and enthusiastic cooking instructors will lead the group and they will utilise the fresh ingredients right from the House's own Community Garden!

Lunch and Dinner Cooking demonstration options available.

Every Wednesday

(Lunch with Anna, Anne & Maree) 11.30am-1.30pm

Cost: Gold Coin Donation

