



**Caulfield South
Community House**

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CSCH Membership Newsletter Term 2, 2019

Creating Community So We Can Grow

What a way to open up our Term 2 Newsletter – exciting news!!!!

Caulfield South Community House Community Garden

was announced "2019 Community Group of the Year"

at the recent City of Glen Eira Awards Evening.

John Cowen and Julie Busch - members of our

Committee of Management - were present to accept the winning award.

A garden party during this Sunday's Open Day will start the celebrations, however the Community House will acknowledge this amazing achievement during our

Community House 30th Anniversary Event

Sunday 13th October (details attached).

And You are all invited!!!!



Sunday 13th October 2019

CSCH Community Event to

Celebrate 30 Years of Community Service!



**Caulfield South
Community House**

Celebrating 30 Years of Community Service



You may have all seen the new advertisement board recently erected on our front garden facing Kooyong Road. Thank you to Hocking Stuart for their support for these boards. The planning for this exciting celebration is underway!! And we are calling out for your help. Do you know someone from previous years who had considerable impact and/or contribution during the last 30 years? If so – please let us know, we don't want to miss anyone out on the invitation list! The archives of this amazing Community House are being collated for a History book, we are capturing events, milestones and stories – send in any information you may have. Bookings for the event will be essential for catering – so lock it in your diary and let us know you are coming!! The Community Lunch is FREE thank you City of Glen Eira for supporting this celebration. Keep an eye on brochures, flyers, email invitations and don't forget to let others know!

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Community House Updates

Daffodil Day – Councur Council Thank you to everyone who joined us for Cancer Council – Daffodil Day. It was a full House! We set yet another record of fundraising more than \$900 to a wonderful cause. The Sit'n'Stitch group presented a cheque for **\$500 an amazing contribution** for all the scarves, beanies, teddies etc., sold on Election Day and throughout the Community House.



Volunteer Recognition week. We also utilized this occasion to celebrate our Volunteers! We sincerely appreciate and thank Hocking Stuart Real Estate Agents for their kind generosity in supporting the volunteers award and contributing hamper gifts for raffle hampers to help raise money for the Cancer Council. The Community House has over 50 volunteers who assist across most programs in the House. Each volunteer received a small appreciation gift which was kindly 'hand-made' by Andrea in the administration office.

Anne Wheeler was recognised as our 2019 CSCH Volunteer of the year

Anne volunteers as our ESL Beginner Class Tutor, Cooking and Dining In Program Leader and has recently started in the role as 'Garden Co-ordinator'. Thank you Anne for your ongoing commitment and dedication to these Community House Programs.



Men's Health Week

This recognition week was well received and acknowledged by the men in the Community House, we held specific classes across the week to encourage more participation and social connection opportunities.

During the recognition week, all tutors, participants and/or volunteers, received a raffle ticket. John Cowen (Community Garden and Committee of Management) and Bruno (French Tutor) were our lucky winners.

Caulfield South Community House, Early Learning Childcare Services and Community Garden are all on Face Book and Instagram. Like us – join us – follow us.



Do you know a friend, relative, neighbor or a university student who would like to assist the Community House with marketing, brochures, newsletters and social media? If so, please come and see Tracey in the office – for more details.

Our Community House Program Updates

Men's Only Exercise Class

The classes have commenced and will continue into Term 3. Only \$6.00 per class and include strength training, light weights, band work and light cardio. Come and try your first lesson for FREE! Tuesday afternoons 4.00pm – 5.00pm

French Classes

We have two classes running for Term 3. Basic to Beginner and Beginner Advanced. Bruno is a wonderful tutor and will keep the classes small for easy and comfortable learning. The classes include morning tea of French Cuisine. Classes are held on Friday mornings from 9.00am \$12.50 each session

Pilates Exercise and Strength Training

Very popular group training exercises. Low impact on Tuesday afternoon's and Pilate floor mat exercises on Wednesday afternoons 3.00pm – 4.00pm Only \$6.00 per class

Yoga – Classes are now on Wednesday and Saturday mornings

Our midweek Yoga Classes have changed to Wednesday evenings with Nicole – 7.00pm – 8.00pm
Our popular Saturday morning classes with Jaimie 9.00am – 10.00am.
Classes are only \$13.00 per class (buy a 10 week Casual Pass and receive one free!)

English As Second Language – our Beginner, Intermediate, Advanced Classes

All classes have vacancies and is a perfect opportunity to improve your English in a relaxed, happy, social and friendly environment.

Community House General Updates

Missing Keys Found in the Community House. For a Holden vehicle Brighton Holden Tag. Please see the office

Commonwealth Bank – Thank you to the Elsternwick Branch who nominated the Community House for a recent Community Funding Grant and awarded us with a cheque for \$500



CSCH Community Garden - SCOOP

Who would have thought the garden would look so green and alive during the cold months of winter! But it is thriving with silver beat, spring onions, Asian greens, radish's and all types of root vegetables, garlic, herbs and beans!!!

Thinking of becoming an active green thumb and would like to join the garden to learn one or two things about healthy soil, composting, harvest rotations or growing banana's in Melbourne!

Please contact Anne – our Garden Co-ordinator to arrange an orientation of the Community Garden.



We wish Jose and his lovely family all the very best as he returns home to Mexico for an extended period. We promise we will take good care of the Aquaponic bed that Jose has established for the garden and we will continue to experiment and grow produce from the top level.

We celebrated Chris's birthday – check out this amazing savoury cake made by Britt, which was lovingly decorated with produce from the garden.

Community Garden Open Day – This Sunday from 10.00am – come and see for yourself and feel free to stay for our Community Lunch around 1.00pm

Photos of our Wonderful Early Learning Childcare Service – Please keep an eye on further notifications about the Government Childcare Subsidy....the Community House are currently finalizing this process. Our places are filling fast and we have limited availability on most days. If you know of a family who are considering Occasional Care and would love to join our Community Care – please let them know so they are able to secure their place for Term 3 or Term 4!





Caulfield South Community House



Celebrating 30 Years of Community Service

SUNDAY 13TH OCTOBER 2019

12.00noon – 3.00pm

COMMUNITY CELEBRATION LUNCH

Art show and entertainment

BOOK YOUR SEAT!

**Calling all CSCH Members,
Staff, Volunteers & Friends**

PAST & PRESENT

**Join us to take a trip down
memory lane**

RSVP : Admin Office 9596 8643 or admin@csch.org.au

RSVP by31ST August